

CALVERT HIGH SCHOOL CAFETERIA

2019-2020

This letter explains how the High School cafeteria operates.
Menus are printed weekly in the *Advertiser Tribune* and the CCS website.

<i><u>HIGH SCHOOL CAMPUS:</u></i>	<i>Daily lunch</i>	\$2.85
	<i>Weekly lunch</i>	\$14.25
	<i>Milk</i>	\$.50
	<i>Reduced lunch</i>	\$.40
	<i>Adult lunch</i>	\$3.50

To help the lunch line move quickly and so students don't have to carry money daily, we encourage them to pay by the week, month, semester or year. Any pre-paid money not used for that week will be carried over to the next week and any remaining balance at the end of the year is refunded. Money cannot be returned on a daily or weekly basis. Extra entrées cost \$1.75 and milk is \$.50. Money for 'extras' such as vending items, ice cream, etc. cannot be taken from paid lunch monies.

As always, students can purchase a second lunch or any item on the menu individually. We do not encourage charging, but circumstances occur, so we are mandated to enact a "Charging Policy". Please read 'Child Nutrition Guidelines'.

- **Free and Reduced forms for students need to be returned by *SEPTEMBER 27th***
- Applications can be obtained in the main office at each building, from the cafeteria manager or the CCS website. This program can be applied for throughout the entire school year.
- If you have received a Direct Certification letter, you do not need to fill out a form.
- Check policy: One check should be written for EACH campus. Returned checks will have \$25.00 fee assessed.
- We cannot accept post-dated checks.
- In compliance with the National School Lunch Program, students are not permitted to bring "fast food" (e.g., McDonald's, Pizza Hut, Subway, etc.) in their packed lunches
- No soda is allowed.
- Grades 7- 12 are on a 'Offer vs Serve' program. This means that a student must take 3 of the 5 food groups and one of the three must be a fruit or vegetable. If they don't take milk, cups are available for water.
- Lactose Free milk is available for students with allergies, lactose intolerance, etc., but a new Dr.'s explanation must be on file each year with the cafeteria. *The NSLP has set new guidelines and it states that we can no longer offer a juice alternative. The alternative must have the same nutritional value as milk.*

We are happy to serve your children nutritious, balanced, and fun meals throughout the year. If you have any questions please don't hesitate to call us. Have a great year!

Robbin Ewald @ 419-447-3844 #110